

# DAY SEVEN

## IMANI - JOURNAL PROMPTS FAITH

1 What beliefs or values provide me with strength and guidance in challenging times?

2) Reflect on a situation where faith played a significant role in overcoming obstacles.

### Overall Reflections

What have I learned about myself and my values during this Kwanzaa celebration?  
How can I carry the principles of Kwanzaa with me throughout the year?

